



Autumn Programme 2010

Monday 27th September - Wednesday 22nd December

Day & Time	Activity	Location	Age
Mondays 6.00-7.00pm	Boxing GIRLS ONLY	Kid Gloves @ Wolves Den Gym Walsden	11-18
Mondays 6.30-7.30pm	Trampolining GIRLS ONLY	Calder High School	11-18
Tuesdays 4.30-5.30pm	Boxing	Box4Fitness @ Tonys Gym. Hebden Bridge	11-16
Wednesdays 6.00-7.00pm	Football	Ryburn Valley High School Indoor Sports Hall	13-18
Wednesdays 7.00-8.00pm	Boxing	Wolves Den Gym Walsden	13-18
Wednesdays 7.30-8.30pm	Boxing	Kid Gloves @ Heptonstall Junior School	13-18
Thursdays 6.00-7.00pm	Street Dance	Hebden Bridge Town Hall	13-18
Thursdays 7.00-8.00pm	Football	Calder High Astro Turf	13-18
Fridays 5.30-9.30pm	League Football 6-a-side	Hipperholme & Lightcliffe Pick-up and drop off in Myholmroyd	16+
Fridays 6.00-8.00pm	Drop-In GIRLS ONLY	Step2 Base 36 Bridgegate. Hebden Bridge	13-18
Fridays 6.00-9.00pm	Outreach	Look out for Workers in Various Locations	11-18
Sundays 11.00am-12.00pm	Boxing	Kid Gloves @ Wolves Den Gym Walsden	11-18

All staff have CRB checks and all session workers are fully qualified.

All activities are free to access.

Please ensure that you wear appropriate clothing and footwear when attending an activity.

**For further information please contact Sammy Holland on 07834540727,
Fabian Duke on 07545939284 or Luke Ainsworth-Jones on 07545939283**



Registered Office: 101-103 Oldham St. Manchester M4 1LW.
Registered in England. Charity No: 515691. Company No. 1842240

positive futures



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Day & Time	Activity	Location	Age
Mondays 1.00-3.00pm	Fitness GYM & SWIMMING	Halifax Swimming Pool Referral Only	13-19
Tuesdays 2.00-3.00pm	Football	North Bridge Leisure Centre Indoor Sports Hall	13-19
Tuesdays 5.00-6.00pm	Football	Ridings Sports Centre Sports Hall	10-14
Tuesdays 7.00-8.00	Street Dance	YMCA Halifax Town Centre	13-19
Wednesday 11.00am-12.00pm	Boxing	Halifax Boxing Club Old Lane Referral Only	14-19
Thursdays 5.00-6.00pm	Football	Ridings Sports Centre Sports Hall	13-19
Thursday 7.00-8.00pm	Street Dance	Brooksbank Sports Centre Dance Studio	13-19
Fridays 6.00-8.00pm	Outreach	Look out for Workers in Various Locations	10-19

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Please ensure that you wear appropriate clothing and footwear when attending an activity.

**For further information please contact Dave Redshaw on 07545939229
or Paul Watson on 07739983027**

Lifeline Project

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